

Thursday - February 22

Lenten Journey

As we begin traveling this long Lenten Journey together
Remember Christ our Lord is with us Forever
Lent is a season of forty days and forty nights
But in the end there will be lots of light
During this Lenten Journey we can fast and pray
During the night or day
We can spend quality time to help and assist others
Not just our sisters and brothers
This Lent we can visit someone in a nursing home
Or spend quality time with someone who is desolate or alone
Be that special person who simply says "Hi"
Or just be there when someone needs to weep or cry
It can be as simple as opening the door
Or taking an elderly person to the grocery store
These forty days you can spend quality time with the Good Shepherd and Lord
By reading and listening to His Holy Word
Remember we are all followers and apostles of Jesus Christ
Because He is the Eternal Light
In whatever you do
The Messiah is with us through and through
Our Savior fulfilled His Father's call
By laying down His life for us all
At the end we will celebrate the Resurrection
We will be forgiven of all our sins
During this Lent go that extra mile
Make someone grin or smile
Remember we can serve Jesus Christ in many ways
Throughout these Forty Days
Forty Days may seem very long
But in the end the Lenten Journey makes us strong
Jesus Christ Resurrected from the grave
Because He was sent by His Father to save

Poem by Christy Zaharko