

## Friday - March 1

*God said to Moses, "I am Who I am." He said further, "Thus you shall say to the Israelites, 'I Am has sent me to you.' God also said to Moses, "Thus you shall say to the Israelites, 'The Lord, the God of your ancestors, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you: This is my name forever, and this my title for all generations.'" Exodus 3:14-15*

At one of our Monday morning sessions, we were shown a list of 60 names that are used for God. We are not certain who prepared the list but since that morning we have enlarged the list by at least 10 additional names. You can find them in the Bible, hymns, devotional books, or descriptions of who God is. Examples include: Yahweh, Shepherd, Counselor, Emmanuel, Friend, Abba, Rock, Salvation....

"I Am" is a name above all names that reminds believers that God is in control and that He cares for all His children. He is the self-sufficient, self-sustaining God who was, who is and who will be. He is all things to all people. No matter your situation He is with you and for you. God is infinite, He is sovereign over our lives, He is Who He Is.

Who do you call God and how will you see, feel or relate to Him during this Lenten season?

Upper Room Ladies

**Prayer:** Heavenly Father we are so grateful we can come to you with our concerns, joys and sorrows at any time. Keep us ever mindful of the blessings you bestow upon us and we thank you for always being present in our lives. Amen.