

## Monday - March 25

*Give thanks to the Lord, for He is good; His love endures forever. Psalm 118:1*

Wow ... here it is the first part of January, and it is already time to write a Lenten Devotion for Powell UMC's use during this preparation season. This is my fifth year of writing a brief message but this one is entirely different. On August 31, 2023, I was told that my fourth cancer was incurable and that I would be lucky to even be alive in two months. So, I may or may not be here existing on earth when this Devotional is printed.

I have been battling one form of cancer or another since 2006 and have had chemotherapy, radiation, and immunotherapy fighting this disease along with physical therapy to handle the aftereffects of treatments. I am still here beating the odds now at five months. I truly cherish that feeling I get from above when my feet touch the floor in the morning as I should have transitioned to heaven already. I have been touched by Heaven above in so many ways.

In the past few weeks I was able to visit my 96 year old Mother in Richmond, VA, celebrate my wife's birthday, enjoy Christmas with each of my three children and their family units, welcome in the new year of 2024, and attend my oldest grandson's wedding. I am blessed each day that I have here on earth. I do not understand why God's grace flows down and around me as I continue to share my testimony with others, but I shall continue to share the good news. And whether I am still here on earth or whether I have transitioned to Heaven, either way I win.

I am one blessed man!

Harry Poston

**Prayer:** God, thank you for always being here for us and showering down Your Graces upon us. May we stop our busyness and appreciate each and every day that You give us here on earth to make a difference in the lives of others. Amen.